

Fit4Life 2010
Overall Results - Men

Senior Men	Club	R1	R2	R3	R4	R5	R6	R7	R8	R9	R10	R11	Best 6	Overall placing
Terence Byrne	Parnell	1	x	x	x	x	2	x	x	x	x	x		
Tim Grummell	Inbhear Dee	2	3	4	x	x	x	x	x	x	x	4		
Tony Collins	Parnell	3	x	3	x	2	x	x	x	x	x	2		
Cathal Doyle	Parnell	4	4	x	x	x	x	x	x	x	x	x		
William Brosnahan		5	5	6	2	x	6	3	2	7	6	5	22	2
Andy Firth	Inbhear Dee	6	6	12	4	x	x	x	x	x	x	x		
Pat Byrne		7	x	x	x	x	x	x	x	x	x	x		
Patrick Mullen	Kilcoole	8	x	14	x	x	x	x	x	9	x	x		
Ryan Montgomery	Greystones	x	1	1	x	1	x	x	x	x	x	2		
Paul Gibbons	SBR	x	2	x	x	x	1	x	1	x	x	3		
Ronan Goggin		x	7	x	x	x	7	x	x	x	x	x		
Richard Hourihan	Kilcoole	x	x	2	1	3	x	x	x	2	3	1	12	1
Darragh Page	Kilcoole	x	x	5	x	x	x	x	x	5	x	x		
Daryl O'Neill	Parnell	x	x	7	x	x	x	x	x	x	x	x		
Dave Emmerson	Greystones	x	x	8	x	x	x	x	x	x	x	x		
Eoin Kelly	Kilcoole	x	x	9	x	x	x	x	x	x	x	x		
Brian	Greystones	x	x	10	x	x	x	x	x	x	x	x		
Patrick Murphy	Kilcoole	x	x	11	x	x	x	x	x	x	x	x		
Keith McCabe		x	x	13	x	x	x	x	x	x	x	x		
Owen Keane	Kilcoole	x	x	15	x	x	x	x	x	x	x	x		
John Keane	Kilcoole	x	x	16	x	x	x	x	x	x	x	x		
Seosamh Daly	Kilcoole	x	x	17	x	x	x	x	x	x	x	x		
Sean Nolan	Parnell	x	x	18	x	x	x	x	x	x	x	x		
Sean Kavanagh	Roundwood	x	x	x	2	x	5	2	x	x	x	x		
Martin Kavanagh	Roundwood	x	x	x	x	x	3	x	x	x	x	x		
Cathal Leahy	Roundwood	x	x	x	x	x	4	x	x	x	x	x		
Kevin Belton	Roundwood	x	x	x	x	x	x	1	x	3	x	x		
Brian Driver		x	x	x	x	x	x	4	x	x	x	x		
Joseph Byrne	Parnell	x	x	x	x	x	x	5	x	x	x	x		
David Kinsella	Parnell	x	x	x	x	x	x	6	x	x	x	x		
Paul Kinsella	Wicklow Hospice	x	x	x	x	x	x	7	x	x	x	x		
Vincent O'Sullivan	Bray Runners	x	x	x	x	x	x	x	x	1	x	x		
Simon Monds	Kilcoole	x	x	x	x	x	x	x	x	4	x	x		
David Coynes	UNA	x	x	x	x	x	x	x	x	6	x	x		
Mark Harrison	Kilcoole	x	x	x	x	x	x	x	x	8	x	x		
Richard Owens	Bray Runners	x	x	x	x	x	x	x	x	x	1	x		
Paul McDwyer	UNA	x	x	x	x	x	x	x	x	x	4	x		
Renee Borg	Crusaders	x	x	x	x	x	x	x	x	x	5	x		

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Junior Men	Club	R1	R2	R3	R4	R5	R6	R7	R8	R9	R10	R11	Best 6	Overall placing
Cathal Daly	Inbhear Dee	1	x	x	x	x	x	x	x	x	x	x		
Michael Kavanagh	Roundwood	2	x	1	x	x	1	1	x	x	1	1	7	1
Ronan Marah	Roundwood	3	x	3	1	x	3	x	x	x	x	x		
James Tyrrell	Parnell	4	1	x	x	x	5	3	x	x	x	x		
Cian Dowd	Inbhear Dee	5	x	7	x	x	x	x	x	x	x	4	7	
Robin Mooney	Inbhear Dee	6	2	6	2	1	9	6	1	x	6	3	15	2
Patrick Kinsella	Parnell	7	x	8	x	x	7	4	x	x	3	4	33	4
Sean Kinsella	Parnell	8	x	11	x	x	x	x	x	x	x	x		
Mark Driver	Parnell	9	x	5	x	x	x	x	x	x	x	x		
James Byrne	Inbhear Dee	x	3	x	x	3	10	x	x	x	x	x		
Jonathan Phillips	Roundwood	x	x	2	x	x	2	2	x	x	x	x		
Graeme Phillips	Roundwood	x	x	4	x	x	4	x	x	x	x	x		
Liam Belton	Roundwood	x	x	9	x	2	6	5	x	1	2	6	22	3
Ryan Hennessy	Parnell	x	x	10	x	x	x	x	x	x	x	x		
Aaron Jacob	Inbhear Dee	x	x	12	x	x	x	x	x	x	x	x		
Eoghan Marah	Roundwood	x	x	x	3	x	8	x	x	x	x	9		
Robert Bell King	Inbhear Dee	x	x	x	x	x	11	x	x	3	8	x		
Dan Lawlor	Roundwood	x	x	x	x	x	12	x	x	x	x	x		
Tony Mooney	Roundwood	x	x	x	x	x	13	x	x	x	x	x		
Thorfin Newton	Roundwood	x	x	x	x	x	14	x	x	x	x	x		
Steven Diggan	Kilcoole	x	x	x	x	x	x	x	x	2		x		
Darragh Murphy	Inbhear Dee	x	x	x	x	x	x	x	x	x	5	5		
Donal Flannery	Parnell	x	x	x	x	x	x	x	x	x	7	8		
Rory Kelly	Inbhear Dee	x	x	x	x	x	x	x	x	x	9	x		
Aidan Hennessy	Inbhear Dee	x	x	x	x	x	x	x	x	x	10	x		
Thomas Cowman	Roundwood	x	x	x	x	x	x	x	x	x	x	10		
Jamie Cullen	Parnell	x	x	x	x	x	x	x	x	x	x	2		

Fit4Life 2010
Overall Results - Men

Over 35 Men		R1	R2	R3	R4	R5	R6	R7	R8	R9	R10	R11	Best 6	Overall Placing
Mick Finnan	Parnell	1	2	1	x	x	2	x	x	x	1	x		
Cormac O'Ceallaigh	Kilcoole	2	x	x	x	x	x	3	x	x	x	x		
Dave Barry	Kilcoole	3	x	x	x	x	x	x	x	2	x	x		
Noel Conway	Inbhear Dee	4	x	x	x	x	x	x	x	x	2	x		
Michael Byrne	Parnell	5	x	x	x	x	x	x	x	x	x	x		
Diarmuid McDonnell	Parnell	6	x	5	x	x	4	x	x	x	x	x		
Aonessal Lahcan	SBR	x	1	x	x	x	x	x	x	x	x	x		
Myles Gibbons	SBR	x	3	x	x	x	1	x	x	x	x	2		
Brendan Buck	Parnell	x	4	x	x	x	x	x	x	x	x	x		
Finbarr Kirwan	Bray Runners	x	x	2	x	x	x	x	x	x	x	x		
Rory Mulcahy	Kilcoole	x	x	3	x	x	x	x	x	1	x	x		
Keith Hennessy	Kilcoole	x	x	4	x	x	x	x	x	x	x	x		
Emmett McCarthy	Unattached	x	x	6	x	x	x	x	x	x	x	x		
Gareth Stingemore	Roundwood	x	x	x	1	x	5	x	x	x	x	x		
Rory O'Hanlon	Rathfarnham	x	x	x	x	1	x	x	x	x	x	x		
Dave Emerson	Greystones	x	x	x	x	2	x	x	x	x	x	x		
Liam Cullen	Roundwood	x	x	x	x	x	3	2	x	x	x	x		
Darren Gallagher	Parnell	x	x	x	x	x	x	1	x	x	x	x		
Jason Fitzsimons	Parnell	x	x	x	x	x	x	x	x	3	x	x		
Brendan Whelan	Bray Runners	x	x	x	x	x	x	x	x	5	x	x		
Glen Hynes	Kilcoole	x	x	x	x	x	x	x	x	4	x	x		
Ian McGrath	Unattached	x	x	x	x	x	x	x	x	x	x	1		

Fit4Life 2010
Overall Results - Men

Over 40 Men	Club	R1	R2	R3	R4	R5	R6	R7	R8	R9	R10	R11	Best 6	Overall Placing
Sean Dunne	Inbhear Dee	1	x	1	1	2	1	1	x	x	1	1	6	1
Dominic Horan	Bray Runners	2	1	2	x	3	x	x	x	x	3	3	14	2
Mick Hanney	Boards	3	x	x	x	x	x	x	x	x	x	x		
Liam Keogh	Parnell	4	x	x	x	x	x	x	x	x	x	2		
AJ Cotter	Greystones	5	x	6	2	5	3	x	2	5	6	5	22	5
PJ Doyle	Sli Cualann	x	2	8	3	6	2	2	3	x	5	7	17	3
Bill Stanley	Bray Runners	x	3	4	x	x	x	x	x	x	x	x		
Ronan King	Inbhear Dee	x	4	11	4	7	4	3	1	4	4	4	20	4
Conor O'Neill	Unattached	x	x	3	x	x	x	x	x	x	x	x		
Ian O'Donnell	Kilcoole	x	x	5	x	x	x	x	x	3	x	x		
David Pegman	Kilcoole	x	x	7	x	x	x	x	x	x	x	6		
Colm Greene	Unattached	x	x	9	x	x	x	x	x	x	x	x		
John Kenny	Unattached	x	x	10	x	x	x	x	x	x	x	x		
John May	Kilcoole	x	x	12	x	x	x	x	x	x	x	x		
Mick Bolger	Rathfarnham	x	x	x	x	1	x	x	x	x	x	x		
Alex Freyer	Rathfarnham	x	x	x	x	4	x	x	x	x	x	x		
Declan Sillery	Roundwood	x	x	x	x	x	5	x	x	x	x	x		
Eddie McGrath	Liffey Valley	x	x	x	x	x	x	x	x	1	x	x		
Joe Kelly	Bray Runners	x	x	x	x	x	x	x	x	2	x	x		
Billy Diggan	Kilcoole	x	x	x	x	x	x	x	x	6	x	x		
Stephen Gibbons	Kilcoole	x	x	x	x	x	x	x	x	x	2	x		
Paul Kelly	Inbhear Dee	x	x	x	x	x	x	x	x	x	7	x		
Liam Hennessy	Unattached	x	x	x	x	x	x	x	x	x	8	x		

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Overall Results - Men

Over 45 Men	Club	R1	R2	R3	R4	R5	R6	R7	R8	R9	R10	R11	Best 6	Overall Placing
Mick Byrne	Parnell	1	1	X	X	X	X	1	X	X	X	X		
Colin Daly	Inbhear Dee	2	2	1	1	1	1	2	X	X	X	X	8	1
Ben Mooney	Inbhear Dee	3	4	3	2	4	4	3	1	2	2	1	11	3
Hugh Kinsella	Parnell	4	X	X	X	5	5	X	X	4	4	X		
Tony Gartland	West Wicklow	5	5	4	4	5	7	X	X	X	7	8	30	5
Pat Wolohan	Inbhear Dee	6	6	7	X	7	9	X	X	X	X	9	44	6
Aidan Hartnett	Greystones	7	X	X	X	X	X	X	X	X	X	X		
Gerry Kinsella	Inbhear Dee	8	X	14	X	3	3	8	X	X	8	X	44	7
Charlie Burke	Inbhear Dee	9	9	13	X	X	X	X	X	X	9	X		
John Baldwin	Kilcoole	X	3	2	3	2	2	4	X	1	1	2	10	2
Bruce Phillips	Roundwood	X	7	5	6	6	6	7	X	3	3	5	28	4
Tom Byrne	Inbhear Dee	X	8	X	5	X	8	X	X	X	5	X		
Tom Dunne	Inbhear Dee	X	X	6	X	X	X	X	X	X	X	X		
Kevin Totterdell	Kilcoole	X	X	8	X	X	X	X	X	X	X	X		
Niall Brooks	Greystones	X	X	9	X	X	X	X	X	X	X	X		
Peter Gibney	Kilcoole	X	X	10	X	X	X	X	X	X	X	X		
John Burke	Kilcoole	X	X	11	X	X	X	X	X	X	X	X		
Sean Kelly	Unattached	X	X	12	X	X	X	X	X	X	X	X		
Brendan Lawlor	Roundwood	X	X	X	X	X	10	X	X	X	X	X		
Paul Mahon	Wicklow Tri	X	X	X	X	X	X	X	2	X	X	X		
Michael Bullock	Bray Runners	X	X	X	X	X	X	X	X	4	X	X		
Peter Savage	Kilcoole	X	X	X	X	X	X	X	X	X	X	3		
Bill Porter	Parnell	X	X	X	X	X	X	6	X	X	X	6		

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Overall Results - Men

Over 50 Men	Club	R1	R2	R3	R4	R5	R6	R7	R8	R9	R10	R11	Best 6	Overall Placing
Bill Tyrrell	Parnell	1	1	1	1	X	1	1	X	2	X	2	6	1
Terry Kavanagh	Roundwood	2	2	2	X	1	2	X	1	X	1	4	9	2
Noal Kavanagh	Roundwood	3	3	6	2	X	4	4	X	X	3	5	19	4
Michael O'Reilly	Inbhear Dee	4	5	11	X	X	X	X	2	X	X	X		
Justin Carty	Roundwood	X	4	10	3	3	4	X	X	X	X	X		
Tom Cavanagh	Bray Runners	X	X	3	X	X	X	X	X	X	X	X		
Jim Boland	West Wicklow	X	X	4	X	2	3	3	X	4	2	3	17	3
John Darcy	Kilcoole	X	X	7	X	X	X	X	X	X	X	X		
Joe Balfe	Kilcoole	X	X	8	X	X	X	X	X	X	X	X		
William Belton	Roundwood	X	X	9	X	X	X	5	X	X	X	X		
Bernard Quinn	Bray Runners	X	X	5	X	X	X	X	X	X	X	X		
MJ Belton	Parnell	X	X	X	X	X	X	2	X	X	X	X		
Bobby Mitchell	Unattached	X	X	X	X	X	X	X	X	1	X	X		
Sean Meany	Bray Runners	X	X	X	X	X	X	X	X	3	X	X		
John Conlon	Parnell	X	X	X	X	X	X	X	X	X	5	X		
Eugene Doherty	SBR	X	X	X	X	X	X	X	X	X	X	1		